



2011 1<sup>st</sup> Ave N, Saint Petersburg FL 33713  
727-914-7318  
(Bus. Lic # MA 35393)  
[handcraftedhealing@outlook.com](mailto:handcraftedhealing@outlook.com)  
HealingStPete.com  
**DOWNLOAD OUR APP!**

I, (legal name) \_\_\_\_\_, (client) understand that massage therapy provided at Handcrafted Healing LLC is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation, and offer a positive experience of touch.

I understand that if I am receiving Cupping Therapy there is a chance that a “mark” could be left in the area where cupping is performed and may be present for several days.

I have informed the massage therapist of all my known physical conditions, medical conditions and medication and will keep the therapist updated on any changes. I also understand that massage should not be a substitute for medical treatment or medications, and it is recommended that I continue to work with my PCP for any conditions I may have.

I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications and that spinal manipulations are not a part of massage therapy. I also understand that the Licensed Massage Therapist reserves the right to refuse or terminate the massage session to anyone whom she/he considers to have a condition which massage is contraindicated. I also understand that any illicit or inappropriate remarks/advances made by me will result in immediate termination of the session.

First & Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Preferred Pronoun: \_\_\_She/Her\_\_\_ \_\_\_He/Him\_\_\_ \_\_\_They/Them\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Occupation: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Activity Level (1-10) \_\_\_\_\_

Have you had professional massage before? \_\_\_\_\_ When was your last? \_\_\_\_\_

Pressure Preference:        light            medium            deep

Any allergies (scent, food, herb,nut)? \_\_\_\_\_

Are you currently under a physicians care or on medications? ( Y N )

Explain: \_\_\_\_\_

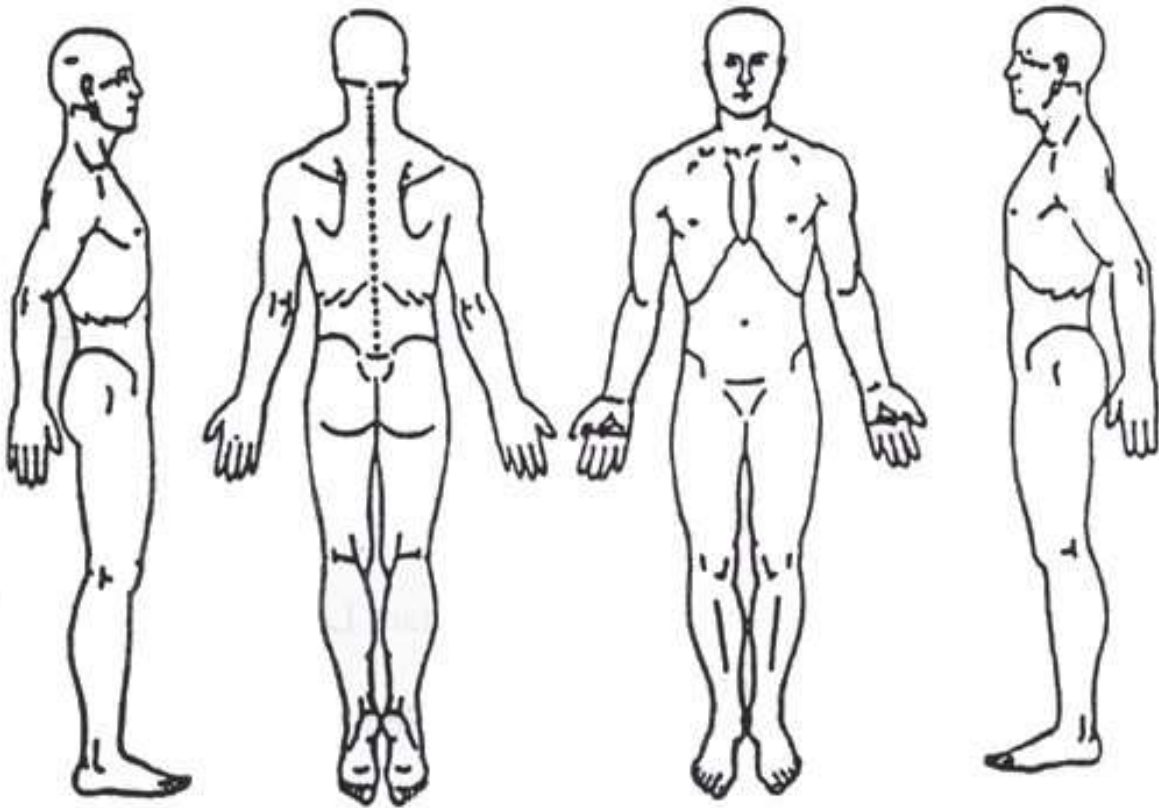
Any accidents, health issues or surgeries in the last year? ( Y N )

Explain: \_\_\_\_\_



Please review and check conditions that have affected your health either recently or in the past.

Arthritis _____	Bursitis _____	Tendonitis _____	Diverticulitis _____
Blood clots _____	Bruise easily _____	Broken Bones _____	Dislocations _____
Cancer _____	Chronic Pain _____	Digestion Issues _____	Blood Pressure _____
Liver Disease _____	Skin Conditions _____	TMJ _____	Heart Issues _____
Auto-Immune Disease _____	<b>Surgeries</b> _____		Stroke _____
Depression _____	Anxiety _____	Panic disorder _____	Headaches _____
Migraines _____	<b>Pregnancy</b> (separate form)	Back Problems _____	
Insomnia _____	Seizures _____	Whiplash _____	Scoliosis _____
Chemical dependency (alcohol, drugs, pain meds) _____			<b>COVID-19</b> _____
Additional Info: _____			



***PLEASE CIRCLE AREAS OF DISCOMFORT***

Emergency  
Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Ph: \_\_\_\_\_

Please Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist signature: \_\_\_\_\_